



Kara

family violence service

Step Forward

A family violence support group, helping women to build hope and strength for a safer future.

About

Step Forward is for women who have experienced family violence and are feeling confused, alone and overwhelmed. We offer a safe space to take time out, share your experiences and create strategies with other women in similar circumstances. The program is facilitated by **Specialist Family Violence Practitioners**.

We welcome participants of all ages and backgrounds to join us in our sessions where we share and learn strategies with women who have had similar experiences.

“Hearing other people, makes you stronger, so you never return back, and that maybe you made the right choice.”

PARTICIPANT

Important Information



When and Where

- > Tuesdays from 10am-2.30pm in the Box Hill area.



Transportation

- > Assistance available by prior arrangement
- > Close to public transport and parking



Refreshment Provided

- > Tea and coffee
- > Lunch to share



Free Childcare

- > Assistance available by prior arrangement

To join or find our more about our Community Education Programs

T: 1800 900 520

E: support@KaraFVS.org.au

W: www.KaraFVS.org.au